

Northeast president now author of published book

By GRACE PETERSEN

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Dr. Bill Path has a full plate.

Not only is he the president of Northeast Community College, but he also is a published writer with his first book "Moments of Forever: Discovering the True Powers and Importance of Your Life."

"The inspiration for the book comes from a lifetime of observing human behavior," Path said. "I would define it as a self-help guide or self-awareness guide for a person to understand the value and importance of their life and the overall scheme of humanity and human existence."

If you go

Two books signings for "Moments of Forever: Discovering the True Powers and Importance of Your Life" are scheduled on Saturday, Jan. 31.

■ 10 a.m. to noon at the Abbey Christian Store in Norfolk

■ 1 to 4 p.m. at Hastings Books Music & Videos in Norfolk

Path remembers

the exact day he started writing his book. It was Sept. 20, 2004, when he woke up with a vision for the book.

"I've never had anything happen quite like it before in my life," Path said.

Path said he knew the basic structure of the book when he woke up. Before the end of the day, he had the first chapter sketched out and ideas for the following chapters.

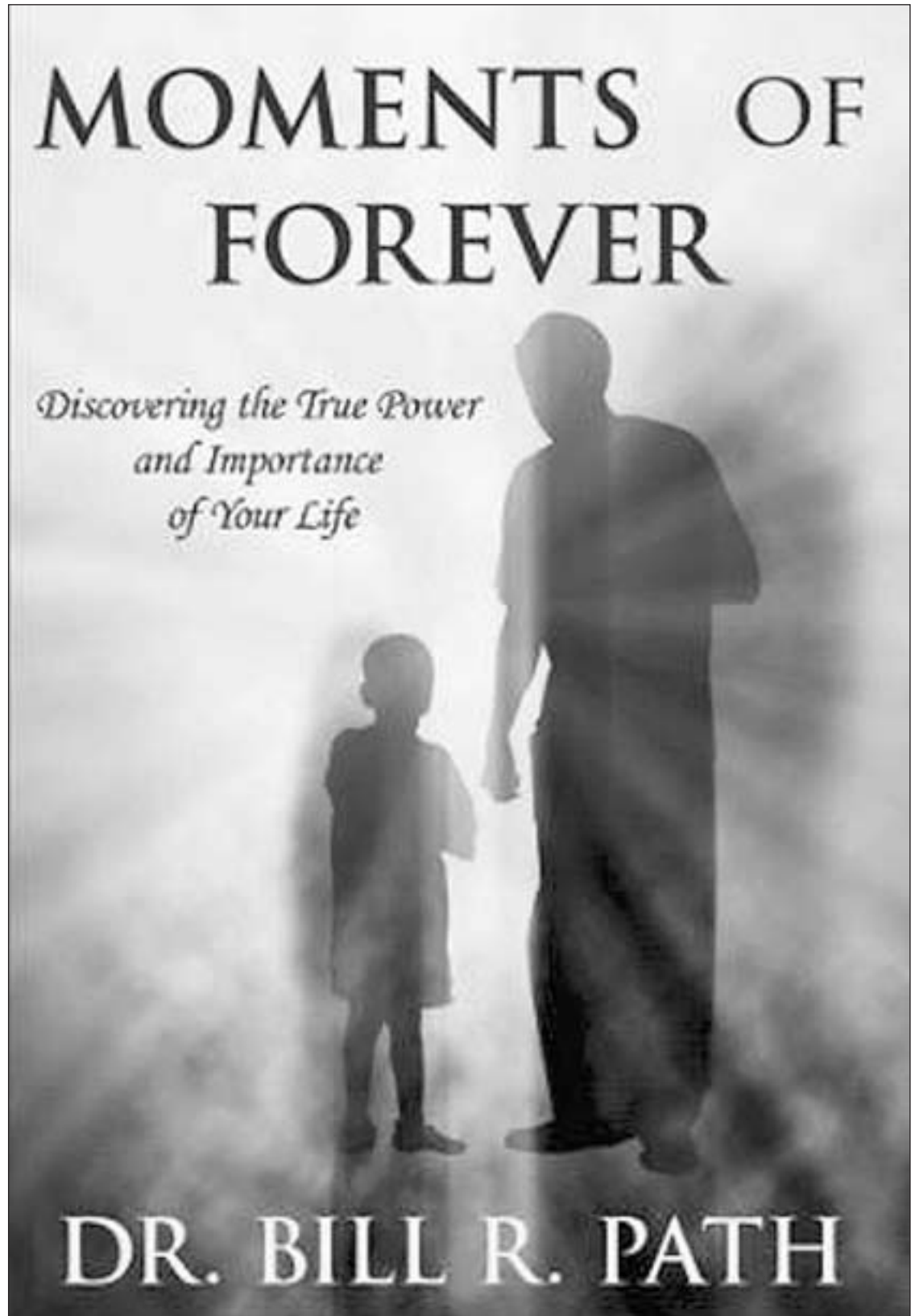
"It was almost like this book was inside me, waiting to be written," Path said. "I was quite compelled during the process of writing to get to the finish of the book."

As a counselor and applied psychology instructor, Path said he has always been fascinated by the idea that students who were trying to find themselves.

"It donned on me after several years in higher education, that the people really do want to find the power and importance of their life as an individual," Path said. "What I tried to do with this book is to help the individual reader discover what the goals and aspirations of humanity are and how that permeates our lives as well."

The trigger for the book was redefining the word forever, Path said.

"I try to use this new definition throughout the book to allow the reader to explore not only the new definition or term,



COURTESY PHOTO

DR. BILL PATH recently published his first book "Moments of Forever: Discovering the True Powers and Importance of Your Life." He will have two book signing events on Saturday, Jan. 31.

but also to explore the greater existence of human kind," he said.

That's what inspired Path to write his book, but it's not what prompted him to publish it, he said.

A little over a year ago, Path's younger sister died, making him think about all the things he hadn't finished.

"Here I had a book sitting in a computer that I wasn't doing

anything with. The realization was that life is just too short," Path said. "If you have a goal, something unfinished, something undone, it needs to be finished. It needs to be done."

"You still have time to do it. We're not assured of 10 years or 20 years. Or even two years. I think that personal event in my life is what lit a fire under me," Path added.

Published by iUniverse, Path

hasn't had a chance to consider himself an author.

"It's a sense of accomplishment, a sense of satisfaction," he said. "I've really been too busy otherwise to stop and think about it."

Path said he might even consider writing another book.

"If this books find its audience, I certainly can be persuaded into writing another book," Path said.